

BRAZILIAN**CONTOUR** X WONDERLAND

RETREAT & SPA





Relax & Rejuvenate

A healing sanctuary that will indulge your senses and rejuvenate your body.

Choose from a blissful range of touch therapies.

The Spa Facilities offer 3 treatment areas, Sauna, Gym and Yoga classes.

Please enjoy the complimentary use of the Spa facilities during your visit. All treatments are suitable for both men and women, unless otherwise stated.

Opening Times

Monday to Sunday: 10h00 - 18h00

***Under reservation only**

For bookings contact: 071 945 9246

Email: moments@wonderland-capetown.co.za

Signature Moments

THE WONDERLAND SIGNATURE MOMENT

A complimentary Herbal Tea on arrival and tranquil experience, designed to enhance deep relaxation, muscle recovery and complete rejuvenation.

90 MIN / R1500

THE BRAZILIAN CONTOUR SIGNATURE MOMENT

A complimentary Detox Tea on arrival and with a combination contour treatment technique that originated in Brazil and blends traditional lymphatic drainage massage and full body contouring that instantly targets bloating, puffiness, water retention, helps reduce the appearance of cellulite and delivers a boost of energy both to the body and mind.

90 MIN / R1900



Touch Therapies

THE WONDERLAND RELAXATION MASSAGE	30 MIN / R650
THE WONDERLAND RELAXATION MASSAGE	60 MIN / R1200
LYMPHATIC DRAINAGE MASSAGE	45 MIN / R850
BRAZILIAN LYMPHATIC BODY CONTOURING THERAPY	60 MIN / R1350
MADEROPTHERAPY / WOOD THERAPY	45 MIN / R1000

Body Treatments

BRAZILIAN CONTOUR DRY BODY BRUSHING	30 MIN / R550
REJUVENATING BODY POLISH/ SCRUB	40 MIN / R700
DETOXING COFFEE POLISH/SCRUB	40 MIN / R700



Couple Spa Journey Packages

A KING & QUEEN MOMENT

120 MIN / R3950

2 x Detox juices on arrival,

Complimentary bottle of MCC or alcohol free alternative

Royal Couples Bath, and 60 min Wonderland Signature Couples Massage, followed by 60 min Kings Chamber bliss afterwards.

One indoor, one outdoor bath tub, outdoor shower, Queen's swing by the King's balcony with mountain views.

Complete your experience with full access to our spa amenities, including the tranquil pool, our serene koi sauna, and peaceful post-treatment lounges.

1 Night Stay at a special rate (4950 ZAR additional)



Couple Spa Journey Packages

THE LOVERS KOI COVE

90 MIN / R2950

Begin your journey with two revitalizing detox juices on arrival.

Then, descend into our submerged spa sanctuary for a 30-minute relaxation dive - surrounded by a dozen graceful Japanese koi gliding around you.

Choose between our signature **60-minute Wonderland Relaxation Massage** or the transformative **Brazilian Lymphatic Body Contour Therapy**.

Complete your experience with full access to our spa amenities, including the tranquil pool, our serene koi sauna, and peaceful post-treatment lounges.

Add CBD Oil experience for 600 ZAR pp.

1 Night Stay at a special rate (ask for availability)



Couple Spa Journey Packages

TWO DOWN THE RABBIT HOLE

120 MIN / R3950

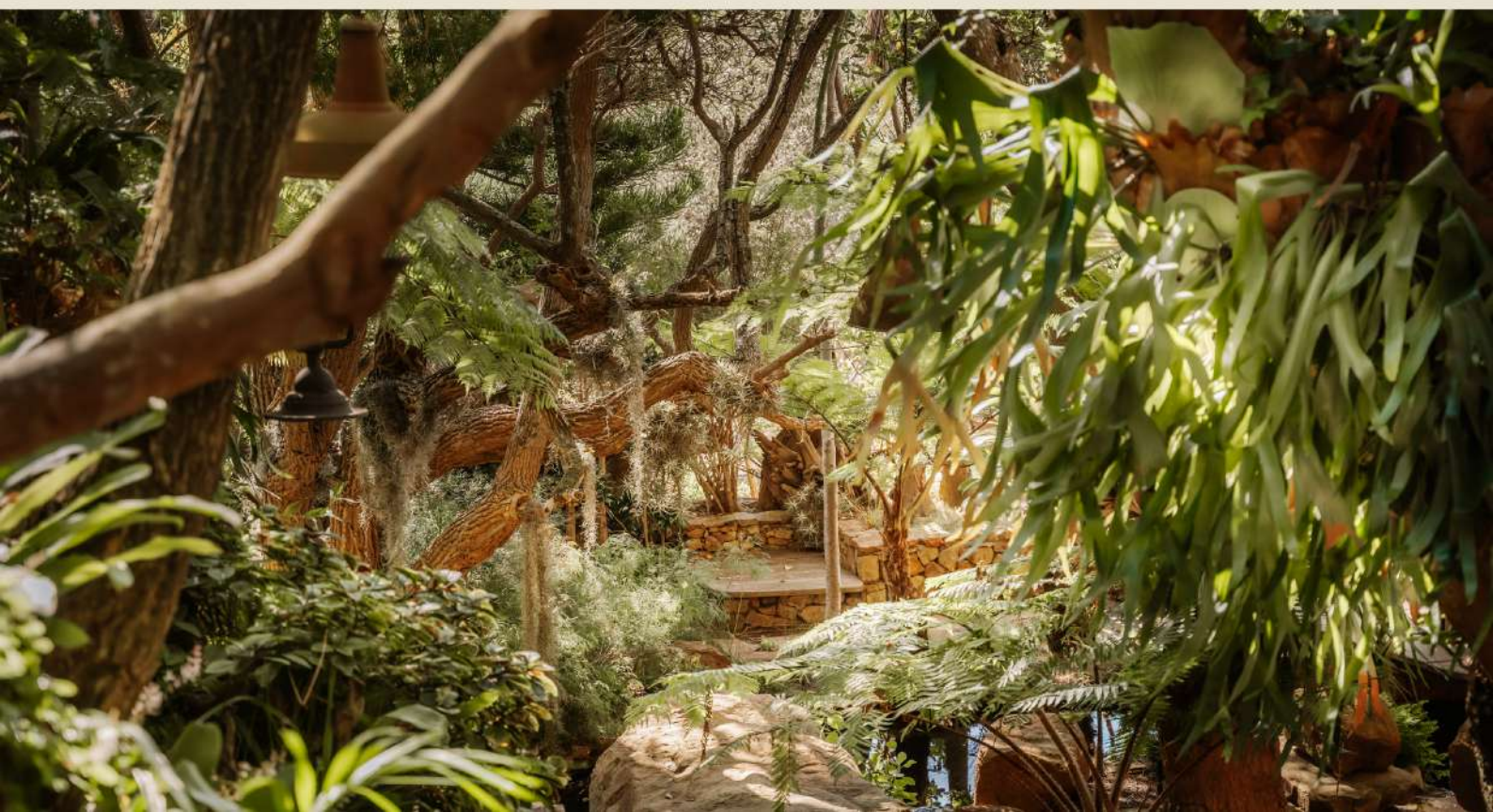
A complimentary Mario Bottle on arrival and 60 min of enjoying Wonderlands SPA facilities, before going with your choice of either 60 min Wonderland Relaxation massage or Brazilian Lymphatic Body Contour Therapy.

An immersive massage experience for two, where perception softens and presence deepens. Inspired by the spirit of Wonderland, this signature journey invites you to slow down, let go, and drift inward - together.

Expect layered sensations, curated ambiance, and a gentle unfolding into something a little... different.

Complete your experience with full access to our spa amenities, including the tranquil pool, our serene koi sauna, and peaceful post-treatment lounges.

1 Night Stay at a special rate (ask for availability)



Couple Spa Journey Packages

Wonderland Spa Package /
Brazilian Contour Spa Package

90 MIN / R1800

Tailor your bespoke spa experience by selecting three of the following 30-minute treatments:

- 30 Min Back, neck and shoulder massage
- 30 Min Brazilian Contour - Dry Body Brushing
- 30 Min Sauna Session
- 30 Min Foot Massage
- 30 Min Rejuvenating Body Polish
- 30 Min Detoxing Coffee Scrub
- 30 Min Brazilian Lymphatic Body Contour Therapy
- 30 Min Lymphatic Drainage Massage
- 30 Min Maderotherapy / Wood Therapy.

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1 Night Stay at a special rate (ask for availability)



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